

Protecting Our Communities is Our Priority



Melinda ARNP, Shawn, RN (Sac & Fox/Cheyenne/Shawnee/Caddo), and Amy, MD (Aleut/Unangan), vaccinated December 2020

Indigenous Providers for COVID-19 Vaccinations

Addressing Common Myths

MYTH—The vaccine contains dangerous ingredients.

The ingredients used to deliver genetic information in vaccines are in low-enough doses that the body can process them without damage. The use of mercury, aluminum, and formaldehyde in vaccines is not uncommon, but the amounts of these materials are carefully measured and monitored to ensure safety.

MYTH—The vaccine will give me COVID-19.

None of the currently authorized COVID-19 vaccines contain the live virus that causes COVID-19. This means a vaccine will not make you sick with COVID-19. Side effects after receiving a vaccine injection are the body's natural immune response being triggered and are normal.

MYTH—I've had COVID-19, so I don't need the vaccine.

Even after surviving an infection from COVID-19, you will not develop full immunity. The vaccine provides another level of protection by training your body to prepare for and recognize COVID-19 infection to prevent severe symptoms in the future.