

# NORTHWEST PORTLAND AREA TRIBAL EPIDEMIOLOGY CENTER

A REGIONAL GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY UPDATE



## GHWIC BACKGROUND

Between 2014-2019, the Centers for Disease Control and Prevention (CDC) will invest over \$78 million in chronic disease prevention efforts through the Good Health and Wellness in Indian Country (GHWIC) initiative. With the support of GHWIC funding, eleven Tribal Epidemiology Centers (TECs):

- Coordinate evaluation activities and data collection to highlight the regional work of GHWIC-funded Tribes and Tribal organizations.
- Provide technical assistance to GHWIC-funded Tribes and Tribal organizations.
- Enhance cross-sector partnerships and strengthen American Indian and Alaska Native (AI/AN) networks across the service region.

## REGIONAL EFFORTS TO PREVENT AND MANAGE CHRONIC DISEASE

Northwest Tribal Epidemiology Center (NWTEC) coordinates GHWIC evaluation in the Indian Health Service (IHS) Portland Area. Wellness for Every American Indian to Achieve and View Health Equity (WEAVE-NW) is a project of NWTEC. NWTEC supports chronic disease prevention and management in all 43 regional Tribes by:

### 1. Trainings and Technical Assistance

In the past year, WEAVE has provided trainings, workshops, and technical assistance to NW member Tribes. Topics included: Food Sovereignty, Breastfeeding Resource Mom, Strategic Planning, Policy Development, Health Data Literacy, and Tobacco Burden/Cessation. NWTEC has conducted 17 trainings, webinars, and workshops; 575 participants have attended the trainings and 35 of the 43 member Tribes have been reached through these trainings. WEAVE also provided 51 instances of technical assistance this year, reaching 24 of 43 member Tribes. The most common types of technical assistance were on evaluation and policy, systems and environment change.

### 2. Coalition Building

The NW Tribal Breastfeeding Coalition formed this year to strengthen Tribal efforts to assess breastfeeding status, provide breastfeeding trainings and help plan for PSE approaches to improve and support breastfeeding. The NW Tribal Food Sovereignty Coalition continued to expand this year. The Leadership sub-committee met three times and the Media sub-committee met once. The coalition planned a Food Sovereignty gathering that took place in June 2019. The gathering had a total of 110 participants

representing 24 unique NW Tribes and was a celebration of traditional foods and medicine.

### 3. Diabetes TeleECHO Clinic

In collaboration with the HIV/HCV/STI Clinical Services Project, WEAVE-NW continued the Diabetes TeleECHO Clinic series that was established in 2017. The goal of this project is to increase the capacity of primary care providers to safely and effectively treat and manage complex diabetes patients. There was a total of four TeleECHO clinic provided. The clinic series was attended by 62 participants from 19 unique member Tribes.



## BY THE NUMBERS

# 17

Number of new or enhanced partnerships with Tribes and/or Tribal programs

# 51

Number of instances of technical assistance or consultative support

# 575

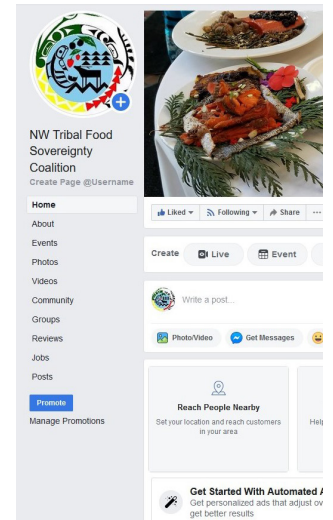
Number of people reached through capacity building efforts

## ACTIVITY SPOTLIGHT: MULTI-MEDIA FOOD SOVEREIGNTY CAMPAIGN

Members from the Northwest Tribal Food Sovereignty Coalition developed priority projects in the 2018 strategic planning session. One of these projects was to develop a multi-media campaign to promote traditional foods and food sovereignty in the Northwest. A media workgroup was established to work collaboratively on the design and messaging. WEAVE-NW staff assisted the coalition in creating a series of posters, videos, social media, and website. Videos will be shared on the social media pages, website, and available for Tribes to download for use in their own local campaigns. The print media will be distributed regionally to coalition members, Northwest Tribes, partner organizations and available for Tribes to download on the website.

Facebook Page: <https://www.facebook.com/NW-Tribal-Food-Sovereignty-Coalition-2069039186524553/?ref=bookmarks>

Website: <http://www.npaihb.org/ntfs-coalition/>



## Map of GHWIC-funded Tribes and Tribal organizations in the IHS Portland Area

