

# CALIFORNIA TRIBAL EPIDEMIOLOGY CENTER

A REGIONAL GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY UPDATE



## GHWIC BACKGROUND

Between 2014-2019, the Centers for Disease Control and Prevention (CDC) will invest over \$78 million in chronic disease prevention efforts through the Good Health and Wellness in Indian Country (GHWIC) initiative. With the support of GHWIC funding, eleven Tribal Epidemiology Centers (TECs):

- Coordinate evaluation activities and data collection to highlight the regional work of GHWIC-funded Tribes and Tribal organizations.
- Provide technical assistance to GHWIC-funded Tribes and Tribal organizations.
- Enhance cross-sector partnerships and strengthen American Indian and Alaska Native (AI/AN) networks across the service region.

## REGIONAL EFFORTS TO PREVENT AND MANAGE CHRONIC DISEASE

California Tribal Epidemiology Center (CTEC) coordinates GHWIC evaluation in the Indian Health Service (IHS) California Area. CTEC supports chronic disease prevention and management for regional Tribes and Tribal organizations through:

### 1. GHWIC Capacity Building Needs Assessment

CTEC administered a capacity building needs assessment to determine the training needs of the California Rural Indian Health Board (CRIHB) GHWIC sub-awarded communities. CTEC utilized the information gathered to develop training modules and provide trainings that were relevant to the capacity and needs of the sub-awardees.

### 2. Data, Evaluation, and Grant Writing Training: Using Data to Tell Your Story

CTEC hosted a two-day Data, Evaluation, and Grant Writing training to all GHWIC sub-awarded Tribes at the Morongo Casino Resort & Spa. Some of the main trainings topics were: Conducting and Utilizing a Community Health Assessment, Completing a Work Plan, Data Sources for Grant Applications, Qualitative Approaches for Evaluation - Photo Voice and Digital Storytelling, Creating Infographics, Survey Creation: Asking the Right Questions, Program Sustainability, Telling the Story of Your Program, and Examples of Funded and Unfunded Grants.

### 3. Epidemiology and Program Evaluation Regional Trainings

CTEC provided regional trainings on epidemiology and program evaluation to GHWIC sub-awarded communities. For Year 5 of GHWIC, there were four regions CTEC provided trainings to. The GHWIC sub-awarded community participants had the opportunity to evaluate the training provided and stated they had a better understanding on epidemiology and program evaluation.



## BY THE NUMBERS

# 110

Number of new or enhanced partnerships with Tribes and/or Tribal programs

# 119

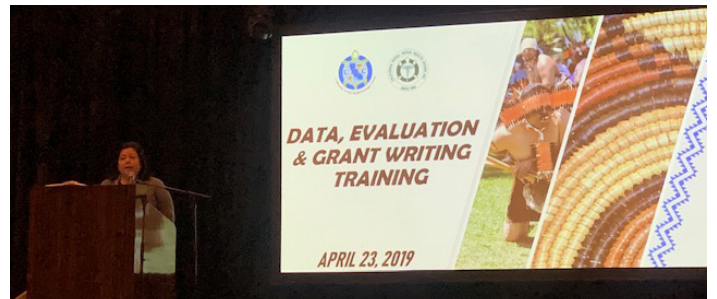
Number of instances of technical assistance or consultative support

# 4,047

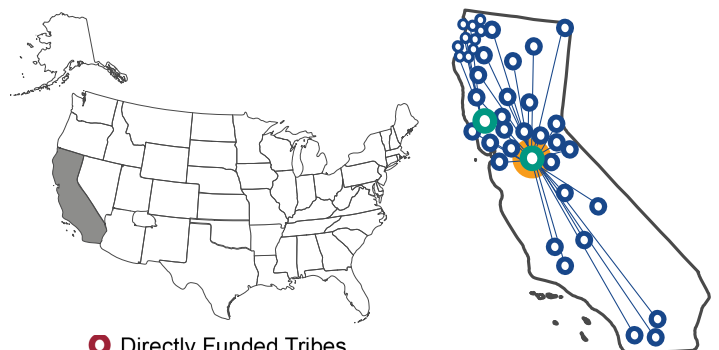
Number of people directly influenced through policy, systems, and environmental changes

## ACTIVITY SPOTLIGHT: CAPACITY BUILDING WITH SUB-AWARDED COMMUNITIES

During Year 5 of GHWIC, CTEC staff hosted a two-day Data, Evaluation, & Grant Writing training to all GHWIC sub-awarded communities. The training provided presentations that allowed the sub-awarded communities to build their capacity on epidemiology, program evaluation, and grant writing. Prior to this event, the GHWIC sub-awarded communities did not have a good understanding on what to expect when writing a grant, how to sustain the grants they apply for, how to tell a story using data in the grant application, or how to develop a survey relevant to their communities. After the completion of this training, GHWIC sub-awarded communities felt more confident on the importance of these topics and stated they will be able to use the information they learned in this training and apply what they learned in future grant applications. The GHWIC sub-awarded communities stated in the evaluation provided after the training that they had many positive takeaways from the event. Some of the greatest takeaway were: feeling more confident and understanding the process of writing a grant, understanding the importance of quantitative and qualitative data to tell a complete story of the communities in a good way, the importance of bringing the research back to the needs of the community, and to change how they approach conducting research and data gathering.



## Map of GHWIC-funded Tribes and Tribal organizations in the IHS California Area



- Directly Funded Tribes
- Directly Funded Tribal Organizations
- Directly Funded Tribal Epidemiology Center
- Regionally sub-awarded Tribes or Tribal Organizations